

American Breakfast (N) 47 Start your day with freshly squeezed fruit juice, basket of homemade morning pastries, chicken sausages, hash brown, baked beans and two

eggs cooked any style with choice of: scrambled, boiled, fried, poached or

50

49

18

28

26

14

14

28

16

16

27

16

18

19

19

19

19

32

28

30

28

32

36

34

15

18

34

24

30

40

32

27

32

32

39

42

Medium 10"

/ Large 12"

27 / 35

27 / 35

30 / 38

30 / 38

34

42

42

48

44

choice of omelette and accompanied by coffee or tea.

Includes your choice of freshly squeezed orange, pineapple or

Golden Sands Healthy Lifestyle

watermelon juice. Two eggs cooked to your liking: - scrambled, boiled,

olives, sliced tomato and cucumber, basket of freshly homemade morning

fried, poached or choice of omelette. Foul Medames, Labneh, mixed

pastries, Arabic bread, served with butter, preserves and honey and

Start your day with your choice of freshly squeezed juice: - fresh carrot,

fresh Yoghurt, whole wheat toast, egg white omelette or poached eggs

Choco pops, cornflakes, muesli, with choice of low-fat or full cream hot or

Apple cinnamon oatmeal porridge (V) (H)

orange, pineapple or watermelon juice. Seasonal fruit plate, Low fat

and accompanied by pure green tea or any other herbal tea or your

Ala Carte Breakfast Favourites

Assorted breakfast cereals (V) (N)

Sliced seasonal fruits platter (V) (H)

Choice of Chocolate, Plain, Cheese and Zattar. Two in a portion.

Choice of Chocolate, Vanilla and Orange. Two in a portion.

Golden Sands Baker's Delight

or chocolate mu_ns and choice of white and brown toast.

Freshly Baked Homemade Muffins

Morning pastries served with butter and preserves. The basket comes

Stewed broad beans with traditional condiments of tomato, onion,

parsley, cumin, olive oil and lemon juice. Served with Arabic bread.

Choice of any two Eggs Preparation

A velvety_soup made from blended local lentils and freshened with

lemon juice, onions and fresh parsley. Served with lemon and Arabic

Freshly blanched and pureed tomatoes perfectly seasoned and served

The earthly flavours of mushrooms pureed and blended with fresh cream

Caramelized sweet onions, rich brown sauce and served with cheese

Flavorful and loaded with tender chicken, macaroni, carrots and onions,

Cream of Mushroom Soup(v)

Gourmet Salads & Appetizers

shavings with ranch dressing served on the side.

Seasonal Garden Salad (v)

and feta cheese tossed in lemon juice and olive oil.

A typical salad made of chopped salad greens, tomatoes, crisp beef

Mixed lettuce, tomatoes, carrots, cucumbers and combined in house

Romaine lettuce, tomatoes, cucumbers, mint leaves, sliced olives onions

Crisp iceberg lettuce, herb croutons, creamy parmesan cheese and an

Hummus, Mutable, Fattoush, Tabouleh and Kibbeh. Served with Arabic

A super tasty and easy cheese appetizer! An extraordinary combination

Deep fried breaded crispy Gulf king prawns and served with tartar sauce.

Deliciously baked honey BBQ chicken wings in a thick sweet and smoky

Classic Golden Sands Club Sandwich

Triple Decker toasted bread with chicken in mayonnaise, fried egg,

White Tuna meat with mayonnaise, chopped pickled cucumber and

Brazilian beef striploin cooked medium well in BBQ sauce, stu_ed in

French Baguette and topped with mushrooms and caramelized onions.

Grounded lamb meat marinated in Arabic spices, rolled in Arabic bread

Tomato & Cheese Sandwich (V) (H)

A popular basic sandwich made of cheddar cheese and fresh sliced

Home-made flour tortilla filled with cheddar and mozzarella cheese,

savoury mixture of spices and vegetables, and then finished on a griddle.

along with sliced onions, tomatoes and sumac. Served with tahina sauce.

sauce with brilliant flavours and sticky texture and is an all-time

Any individual Oriental Mezze

of Greek feta cheese rolled in phyllo pastry wrappers.

Crispy Fried Shrimps (s)

BBQ Chicken Wings (N)

Best Sandwiches in Town

cheese, tomatoes, cucumber and lettuce.

All sandwiches served with French fries and a deli salad

Tuna Mayonnaise Sandwich (5)

Marinated Steak Sandwich

Grilled Kofta Sandwich

tomatoes in toasted white bread.

Burgers

sauces.

Beef

Chicken

Chicken Quesadilla

Served with home-made salsa on the side.

Juicy & Flavourful Burgers

The "to die for" Beef or Chicken

and aged cheddar cheese. Served with home-made coleslaw.

Grilled chicken or beef patty with slices of tomatoes, local lettuce, onions

Chicken burger contains mayonnaise, beef burger contains mustard

Sandwich or Burger Combo Meal

and any one sandwich or burger from the above listed choices.

Extra Cheesy "Pizzeria"

ingredients and house made sauces.

mozzarella cheese and oregano.

mozzarella cheese and oregano.

Beef Pepperoni

Vegetarian Lovers (v)

BBQ Chicken Supreme

with fresh mozzarella cheese and oregano.

"Quattro Formaggi" (V)

Margherita (v)

Hawaiian

cheese and oregano.

A cheese lover's delight.

Seafood Lovers (s)

fresh mozzarella cheese and oregano.

Penne Arrabiata (v)

Spaghetti Pomodoro (v)

Tagliatelle Al Fungi (v)

and topped with parmesan cheese.

Spaghetti Bolognese

Fusilli in Alfredo sauce

added garlic make it a silky feast.

additional treat to your taste buds.

sauce.

cheese.

Pastas - "Fresca e Cremosa"

Penne pasta sautéed with hot and spicy home-made fresh tomato

Freshly cooked Spaghetti, sautéed with tomato sauce, topped with

Tagliatelle pasta sautéed with garlic, wild mushrooms, fresh cream sauce

This version of a classic Italian dish combines ground beef and canned

Shrimps, calamari and scallops topped with seafood-based cream sauce

along with penne, Italian herbs, fresh garlic and topped with parmesan

The cream cheese just might steal the show here. Combined with tender

chicken, fusilli pasta and seasonal veggies in a savoury seasoning and

All above pasta dishes are served with garlic bread (2pcs.) to give an

parmesan cheese, black olives and freshly chopped parsley.

crushed tomatoes in a sauce to be served over spaghetti.

Seafood Pasta in Cream sauce (s)

oregano.

Includes fresh orange juice or any soft drink of your choice, French fries

Our pizzas are specially made to your order using the best of seasonal

Mozzarella, chunky tomato sauce and Italian sweet basil topped with

Mushrooms, onions, bell peppers, olives, sweet corn, with mozzarella

Thinly sliced beef pepperoni, fresh tomato sauce, slices of beef

pepperoni, bell peppers and topped with mozzarella cheese and

A classic combo of tomato sauce, turkey ham and pineapple, topped with $\,30\,/\,38\,$

BBQ grilled chicken chunks, sliced olives, bell peppers, onions and topped 30/38

Shrimps, scallops, calamari, bell peppers, olives, onions and topped with 35 / 43

Flu_y home-made dough, delicious, rich pizza sauce topped and loaded

with our amazing mozzarella, cheddar, parmesan and feta cheese blend!

bacon, grilled chicken breast, hard-boiled eggs, avocado and Parmesan

above egg styles are served with Hash Brown.

Nourishing Soups

Tomato Soup (V) (H)

French Onion Soup

Clear Chicken Soup

combined together in a clear_broth.

croutons.

with herb croutons.

to form a rich taste.

Cobb Salad

Greek Salad (V) (H)

anchovy Caesar dressing.

Oriental Mezze

Feta Cheese Rolls (v)

Classic Caesar Salad

vinaigrette.

Plain

bread.

favourite.

lettuce.

Chicken

Prawns (S)

croutons.

Arabic Lentil Soup (V) (H)

Two Boiled or Poached Eggs

Scrambled Eggs, Fried Eggs, Spanish Omelette, Mushroom and Cheese

Omelette, Egg-White Omelette, Indian style spicy Masala Omelette. All

with cheese or plain croissants, Danish pastries and your choice of vanilla

A taste of Arabia (N)

accompanied by coffee or tea.

choice of any other hot beverage.

Blueberry pancakes

Freshly Baked Croissants

Served with maple syrup.

Baked Beans (v)

Ful Medames (v)

Glorious Eggs

Breakfast (H)

cold milk.

Entrees & Main Co	urses	
Paneer Tikka Masa A bright orange-coloured smooth, cre North Indian fare, made from fresh Ir	la (V) (N) eamy and light buttery flavoured adian cottage cheese cubes,	34
Dal (V) (H) Spiced black or yellow lentils with garrice.		25
Chana Masala (v) Whether eaten as a snack, main mean popular vegetarian dish is made of to home-made garammasala.		25
Grilled Fish Fillet (s) Marinated fish fillet grilled and served fries and butter lemon sauce.		48
Fish 'n' Chips (s) Great Britain's very own traditional modeep-fried. Served with French fries		48
Pan Fried Salmon (social Scottish salmon pan-fried and cooke sautéed spinach and lemon butter social de Salmon (social Salmon (social Salmon pan-fried and cooke sautéed spinach and lemon butter social social salmon (social Salmon (social Salmon (social Salmon pan-fried and cooke sautéed spinach and lemon butter social social social salmon pan-fried and cooke sautéed spinach and lemon butter social	d medium well. Served on a bed of auce on the side.	58
Grilled Jumbo Shri Gulf shrimps, fresh herb marinade, gr steamed vegetables, French fries and Grilled Boneless C	rilled to perfection and served with diemon butter sauce.	68 10
Boneless chicken marinated in garlic, grilled to perfection. Served with mixe and French fries. Shish Tawook		48
Grilled chicken brochettes marinated Served with garlic sauce and French Golden Sands Signa	fries.	40
Chicken (N) We highly recommend you to try our obreast flattened and stuffed with pin cheese, roasted and finished with mu	e nuts, mushrooms, spinach and	48
Grilled Lamb Chop Grilled Australian lamb chops marina with grilled tomato, onion and French Oriental Mix Grill	ted with herbs and spices. Served	62
Grilled Lamb shish, Shish tawook, Lar with Arabic herbs and spices. Served French fries. Grilled Beef Tende	with grilled tomato, onion and	64
Succulent Brazilian 250gms beef ten steak you'll ever cut into, the juicy flavour unforgettable. Cooked to your liking stauce mentioned below of your choice Choice of side orders. Choose any two Sautéed Spinach / Mashed Potatoes	derloin. Perhaps the most tender our profile is rich, beefy and truly erved with two side order and one e.	72
Bread / Steamed Rice Any additional order of side dish "Choice of Sauces - Choose any one (mushroom sauce, BBQ sauce, Mustai RECOMMENDED STEAK TEMPERATURATE - red centre. / Medium rare - pi	Pepper Sauce, Creamy wild rd Cream Dressing)" JRES	14
Centre. / Medium well – no pink. Murg Makhani (N) Popularly known as Butter Chicken, tl boneless chicken tikka cooked in a cre	nis is a Punjabi preparation of	42
Choice of Indian Curries. According to your preferences, all curing redients and include seasonal assin a tomato and onion rich gravy, spices.	ry options are made from fresh orted vegetable or chicken or lamb	
Vegetable (N) Chicken (N) Lamb (N) All above dishes are served with steel and cucumber raita and papad.	ımed basmati rice or tawa paratha	293540
Biryani, an Evergre It really needs no introduction. It's are most loved. Long basmati rice cooked flavoured with cardamom and rose w	omatic, it's heavenly and one of the din Indian spices and herbs and	
flavoured with cardamom and rose we Vegetable (N) Chicken (N) Lamb (N) Shrimps (N) (S)		29 38 42 55
Arabic Combo Mean Includes fresh orange juice or any sof salad and one Arabic rice preparation biryani.	t drink of your choice, fresh green	59
All above biryani choices and the Aracucumber raita and papad.	bic Combo Meals are served with	
Rice Specialties		
Steamed Basmati F Traditional Indian long and slender g Jeera Rice		1415
Long grain Basmati rice sautéed with	n cumin seeds.	
Chinese Selections Sweet Corn Chicke	n Soup	15
Warm your belly with this satisfying schicken, egg drop and spring onions. Vegetable Spring R Scrumptious filling of sautéed veggie	oup made of sweet corn, diced Olls (v)	21
packed inside readymade spring roll and served with soya sauce on the side. Chinese Hakka No.	wrappers and deep-fried till crisp de. odles	
Boiled Hakka Noodles which are then Chinese sauces and cooked as per you vegetables or chicken or seafood. Vegetable (N) Chicken (N) Seafood (N) (S)		253139
Choice of Chinese Vegetable (N) Egg (N)	Style Fried Rice	21 21
Chicken (N)		24
Russian Selections Borscht Soup Classic hearty wintertime soup loade	d with tender strips of boof tolera	15
amazing array of vegetables such as finished with sour cream. mayonnaise Russian Salad "Oliveral Traditional Russian salad made with	beets, carrots, cabbage and e. vier Salat"	23
green peas, boiled eggs and beef har dressed with mayonnaise and sour constant and Stroganoff	n all added to enhance flavour and ream dressing.	41
Sliced beef strips, sautéed together virginished with a sauce made from sour served with mashed potato and stea Russian Lamb Pilat Palov is the ultimate Russian comfort	r cream and brown sauce, and med rice on the side. - "Plov"	44
Palov is the ultimate Russian comfort saffron and raisins and a combinatio and packed with flavours and spices	n of boneless lamb cubes all cooked	
Sweet Temptations		
Um Ali (N) Traditional local warm dessert made and soaked in warm sweetened milk Crème Caramel (N)	and baked.	2016
Classic homemade French dessert cocaramelized sugar. Raspberry Pannaco Italian dessert of sweetened cream, to the control of	tta (N)	18
with home-made raspberry puree Traditional Bread a		18
Pudding (N) Popular British dessert, made by layered up with a rich vanilla custard Selection of Ice-Cre	dried raisins in an oven dish.	18
Our selection of ice-cream flavours in and Strawberry. 3 scoops of your favour portion.	nclude; Chocolate, Mango, Vanilla	
Beverage List		
Golden Sands Signa Creations of the house, below is the lirecommended mocktails for any seas	st of some of the most	
Apple Mojito Muddled fresh mint leaves, brown sugice. Tropical Colada	gar, lime wedges, topped with apple	16
Tropical Colada Creamy, refreshing drink of coconut of to create this classic tropical mocktai Mint Cooler		18
Blended fresh mint leaves and lemon drink. Fruit Punch Combination of fresh orange, pineap		22
Combination of fresh orange, pineap of mango ice cream. Iced Frappuccino The delicious sweet blended drink mothat has been a favourite of all iced of	ade from coffee, milk, fresh cream	18
Coke Float A classical drink made of vanilla ice classical drink m		16
Creamy & Frothy No. Chocolate, Vanilla, Mango, Strawbern Erechly Squeezed In	ry and Banana.	29
Freshly Squeezed Jacobs Orange, Pineapple, Green/Red Apple with Orange. Chilled Juices	e, Watermelon, Carrot and Carrot	14
Orange, Pineapple, Red Apple, Red G Cocktail. Malt Beverages Bavaria - Non-Alcoholic Malt.	irape, Guava, Mango and Fruit	14
Iced Teas Lipton - Peach and Lemon.		14
Soft Drinks Coca-Cola Coke, Coca-Cola Light, Fa and Soda Water. H20		6
Evian Mineral Local Bottled Water Sparkling Water		l / Large 0 / 16 5 / 8
The Coffee Selection Single Espresso	on	13
Double Espresso Cappuccino, Latte, Macchiato Americano, Turkish coffee The Tea Selection		14 14 13
Ine I ea Selection Lipton Tea Selection of Herbal & Infused Te Green tea, Chamomile, Earl Grey tea, Breakfast tea and Peppermint tea. Indian style Teas		13 14 14
Readymade Indian Karak Chai or tradyourself anytime of the day.		CIX
(V.A.T) If you have any concerns regarding fo	Municipality Fees, Service Charge and Value Added od allergies, please alert your server prior to ordering rian, (N)- Nuts, (H)- Healthy Option	